



# Breakfast and Lunch

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday  |
|---|--|--|---|--|---|---|
| Cold Cereal Choices:<br>Kix<br>Cheerios<br>Shredded Wheat |  | 1<br>Oatmeal<br>Toast<br>Pineapple<br>Juice  | 2<br>1:30pm Dismissal<br>Cheese Omelet<br>Toast<br>Peaches<br>Juice   | 3<br>Zucchini Bread<br>Toast<br>Pears<br>Juice                                   | 4<br>Sausage Sandwiches<br>Applesauce<br>Juice                      | 5   |
| 6   | 7<br>Pancake<br>Sausage<br>Applesauce<br>Juice   | 8<br>Cold Cereal<br>Toast<br>Strawberries<br>Juice   | 9<br>1:30pm Dismissal<br>Toasted English<br>Muffins<br>Pineapple<br>Juice   | 10<br>French Toast<br>Blueberries<br>Juice                                       | 11<br>Zucchini Bread<br>Toast<br>Peaches<br>Juice                   | 12  |
| 13  | 14<br>Oatmeal<br>Toast<br>Pears<br>Juice   | 15<br>Waffle<br>Sausage<br>Peaches<br>Juice  | 16<br>1:30pm Dismissal<br>Cold Cereal<br>Toast<br>Strawberries<br>Juice   | 17<br>Sausage Sandwiches<br>Pineapple<br>Juice                                   | 18<br>Toast with Toppings<br>Applesauce<br>Juice                    | 19  |
| 20  | 21<br>Pancake<br>Sausage<br>Applesauce<br>Juice  | 22<br>Cinnamon Roll<br>Toast<br>Pears<br>Juice   | 23<br>No School<br>Happy Thanksgiving   | 24<br>No School<br>Happy<br>Thanksgiving   | 25<br>No School<br>Happy<br>Thanksgiving                            | 26  |
| 27  | 28<br>Waffle<br>Sausage<br>Pears<br>Juice  | 29<br>Oatmeal<br>Toast<br>Banana<br>Juice  | 30<br>1:30pm Dismissal<br>Cheese Omelet<br>Toast<br>Pineapple<br>Juice  |  |   | Juice Choices:<br>Apple<br>Grape<br>Orange                            |
| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday  |
|   |  | 1<br>Trailblazing Nachos<br>Tomatoes & Salsa<br>Green Beans<br>Pineapple<br>Pumpkin Bread                          | 2<br>1:30pm Dismissal<br>Pork Roast<br>Mashed Potatoes<br>Baked Beans<br>Peaches<br>Homemade Bread                          | 3<br>Cavatini<br>Broccoli<br>Pears<br>Garlic Bread                               | 4<br>Pancakes<br>Sausage<br>Tater Tots<br>Cauliflower<br>Applesauce | 5   |
| 6   | 7<br>Pizzaburgers<br>Cooked Carrots<br>Applesauce<br>Chocolate Chip<br>Cookie            | 8<br>Walking Tacos<br>Broccoli & Cheese<br>Strawberries<br>Chocolate Cake<br><br>5 <sup>th</sup> Grade Menu Choice | 9<br>1:30pm Dismissal<br>Hot Beef Sundae<br>Green Beans<br>Pineapple<br>Homemade Bread                                      | 10<br>Spaghetti<br>Mixed Vegetables<br>Blueberries<br>Garlic Bread               | 11<br>Chicken Patty<br>French Fries<br>Baked Beans<br>Peaches       | 12  |
| 13  | 14<br>Burritos w/Cheese<br>Lettuce/Tomatoes<br>Mixed Vegetables<br>Pears<br>Garlic Bread | 15<br>BBQ Pork Sandwich<br>Broccoli & Cheese<br>Carrot Sticks<br>Peaches   | 16<br>1:30pm Dismissal<br>Turkey<br>Mashed Potatoes &<br>Gravy<br>Green Beans<br>Strawberries<br>Dinner Rolls<br>Oreo Fluff | 17<br>Chicken & Noodles<br>Peas<br>Cooked Carrots<br>Pineapple<br>Homemade Bread | 18<br>Hamburgers<br>Baked Beans<br>Cauliflower<br>Applesauce        | 19  |
| 20  | 21<br>Cheese Omelet<br>Tater Tots<br>Broccoli<br>Applesauce<br>Cinnamon Roll             | 22<br>Chicken Nuggets<br>Baked Beans<br>Mixed Vegetables<br>Pears<br>Ranger Cookie                                 | 23<br>No School<br>Happy Thanksgiving   | 24<br>No School<br>Happy<br>Thanksgiving   | 25<br>No School<br>Happy<br>Thanksgiving                            | 26  |
| 27  | 28<br>Tacos with Cheese,<br>Lettuce & Tomato<br>Pears<br>Pumpkin Bar                     | 29<br>Goulash<br>Broccoli<br>Fresh Fruit<br>Garlic Bread   | 30<br>1:30pm Dismissal<br>Beef & Noodles<br>Peas<br>Carrot Sticks<br>Pineapple<br>Homemade Bread                            |  |   | <i>This institution is<br/>an equal<br/>opportunity<br/>provider.</i> |

